# Challenges of Aging and Development: Global Perspectives 

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#### Abstract

Aging is an essential phenomenon among living organism. Rapidly ageing world represents both challenges and opportunities. The available data indicate that longer lifespan became more common recently in human evolution. During early phase of human origin, the average age of human being was 20-30 years. Currently the average life expectancy of human being for the world is 70 years. In this way, the life expectancy of humans is doubled or tripled. In spite that aging is associated with various morbid conditions; the life expectancy is increasing proportionately to the socio-economic development. Why? And what would be its consequences? The objective of this paper is to understand the process of aging across the nations, to elucidate the trend and extent of life expectancy around the globe and to find out the possible correlates of it using the regression and correlation analysis. The study is based on secondary information collected from Census reports, World fact sheet, Data sheet of population reference bureau (PRB), Human development report, Encyclopaedia Britannica, Wikipaedia and other reliable sources and websites, published and unpublished documents. The data on life expectancy at birth were gathered for 216 countries of the globe. The data on population structure and composition in form of proportion in major age groups $0-14$ years, 15-64 years and 65+ years were obtained and young age dependency ratio (YADR), old age dependency ratio (OADR), total dependency ratio (TDR) and index of aging were calculated for the countries. The data on human development index was available for 183 countries. Similarly the data on gender inequality index was available for 143 countries. During upper


Paleolithic period the life expectancy of Human being was 33 years, whereas, during $20^{\text {th }}$ century it crossed 65 years. Currently it is 70 years for the world population. In many instances it varied considerably according to class and gender. There is wide variation among the countries around the globe. The lowest was estimated 47.8 years for Sierra Leon whereas highest 83.4 years was estimated for Japan. Further it varies among different groups of nation. It is higher in high-income countries (79.6 years) as compared to middle income countries ( 68.8 years) and low-income countries ( 58.4 years). In subSaharan Africa it is further lower (53.8 years). In comparison to males, the females have higher life expectancy. The difference varies between 0.1 to 11.9 years in 168 countries. At one end the increased life expectancy is an indicator of better socio-economic condition on the other hand it increasing new challenges with high proportion of aged people. Today more than 7.6 percent of total populations of world are aged ( $65+$ years); in numbers it is 532 million. In some parts of the world, due to increasing life expectancy, the populations of aged individuals are increasing rapidly. The Japan is in top of the list of 183 countries with $22.7 \%$ population of $65+$ years of age. In the bottom there are United Arab Emirates, Qatar and Sierra Leone respectively with $0.4 \%, 1.0 \%$ and $1.9 \%$ of aged population. In 2009, the United Nations estimated that there were 455,000 centenarians worldwide. The United States currently have the greatest number of centenarians of any nation, estimated at 70,490 . This corresponds to a national incidence of one centenarian per 4,400 people. Japan has the second-largest number of
centenarians, with an estimated 47,756. To understand the process and correlates of aging the correlation and regression analysis computed which indicate that it have strong correlation with population structure and composition, fertility, mortality, migration and indices of development. It is apparent from present analysis that life expectancy is increasing all over the globe, though the magnitude of increment is declining. It means that the population of aged will also increase day by day along with socio-economic development and improvement in health care facilities. The increasing proportion of aged would need special attention and planning at different level so that our old age may be secured, insured and healthy.

Keywords: Aging, Centenarian, Development, Fertility, Migration.

## INTRODUCTION

TThe phenomenon of aging is common among the living organism. Beyond that, the human being have desire to remain young and immortal. It is strange that no one wants to be aged but everyone wants to live long. The desire of human being to live long is provided wings by the advancement of medical science and technology and resulting into rapidly ageing world. This represents both challenges and opportunities. According to an estimate $70 \%$ of all older people now live in low or middle-income countries (http://www.who.int/ ageing/en/). The ageing of population represents an opportunity for societies. If older people can retain their health, and if they live in an environment that promotes their active participation, their experience, skills and wisdom will be good resource for societies. At the same time, where money is the scale of everything, old age people are considered as an economic liability and a social load. Therefore, in demography, the old age dependency ratio is devised. It is common that there are multiple sickness and general inability during old age. There may be long list of problems of aged people but commonly faced problem by old age are: Arthritis, Osteoarthritis, Osteoporosis, Blood Pressure, Diabetes, Obesity, Cardiac disorder, Stroke, Cancer, Renal disorder, Alzheimer's Disease, Mental Illnesses, Prostate enlargement, Tuberculosis, Ophthalmic disorders, skin related diseases and declining of immunity in general etc. After all these problems of aging and aged, the life expectancy is increasing all over the globe due to successive improvement in medical and health care as well as socioeconomic developments. Today most of the nations are blessed with the significant number of centenarians.

When Madame Jeanne Calment died at 122 years of age, gerontologists debated about her extraordinary longevity (Promislow, 1998). According to

Westendorp and Kirkwood (1998) this Methushaelian lifespan may have been due to her single issue. Promislow (1998) used data from genealogies of British aristocracy to show that lifespan is negatively correlated with family size. Longevity is also correlated with demographic transition, around 1700 average family size started decreasing and longevity started increasing among the British aristocracy. It was postulated that the observed variation in longevity is hardly due to genetics (Gavrilova et. al, 1998 and Le Bourg, 1993).

Longevity is correlated between parents and offspring, suggesting a heritable basis to ageing; at the same time, it was found that the longevity is correlated between husband and wife. So, it is fair to assume that any correlation of longevity between spouses is due to a shared environment, rather than shared genes (Promislow 1998).

One explanation for evolution of ageing is that senescence followed by mortality provides a mechanism to guard against overcrowding (WynneEdwards 1962; Beutler 1986). Then, why life expectancy is increasing? And, what would be its consequences?

To understand the aging of human being two components are required: First, an explanation why ageing occurs at all, and second, special feature of human ageing. Hence, the first objective of this paper is to understand the process of aging across the nations, the second is to elucidate the trend and extent of life expectancy around the globe and the third objective is to find out the possible correlates of it. To achieve these goals data on life expectancy at birth for total population as well as males and females of 216 countries alongwith correlates were obtained form different sources are analyzed.

## Material And Methods

This study is based on secondary information collected from Census reports, World fact sheet, Data sheet of population reference bureau (PRB), human development report, Encyclopaedia Britannica, Wikipaedia and other reliable sources. Initially the data obtained from different sources were cross checked for their reliability. The data on life expectancy at birth were gathered for 216 countries of the globe. The data on population structure and composition in form of proportion in major age groups $0-14$ years, $15-64$ years and $65+$ years were obtained and young age dependency ratio (YADR), old age dependency ratio (OADR), total dependency ratio (TDR) and index of aging were calculated for the countries. The data on human development index was available for 183 countries. Similarly the data on gender inequality index was available for 143 countries. All the data were for the year of 2011. For
further editing all the data were entered into an excel worksheet, where the data is filtered. Some of the calculations were also made in excel worksheet. Thereafter the data is transferred to SPSS software for further calculation and analysis.

## Result

It is evident from Table 1 that there is gradual increment in the life expectancy at birth, during early phase of human origin. During Paleolithic period it was 33 years, whereas during Neolithic period, it was merely 20 years. Here it should be noted that the agriculture was invented during Neolithic period; whereas during Paleolithic period, the human being was completely hunter gatherer. For medieval Britain, the life expectancy was estimated 30 years. During 1200 to 1500 A.D. the life expectancy increased to $43-50$ years. In $20^{\text {th }}$ century it crossed 65 years. Currently it is 70 years for the world population. Further it varies among different groups of nation. It is higher in Euro area ( 80.5 years) and high-income countries ( 79.6 years) as compared to middle income countries ( 68.8 years) and lowincome countries ( 58.4 years). In sub-Saharan Africa it is further lower ( 53.8 years).

In Table 2, the countries of the world are arranged in descending order according to life expectancy at birth, population proportion as per age groups, dependency ratios and index of aging. Japan is in the top of the list of 183 countries with an average life expectancy of 83.4 years. As evident from table that there are 23 countries have life expectancy 80 or 80+ years, whereas 86 countries have life expectancy between 70 and 79.9 years. Similarly, 37 countries have life expectancy between 60 to 69.9 years, 28 countries have life expectancy between 50 to 59.9 years, and 9 countries are at bottom of the list those have life expectancies between 49.6 and 47.8 years.

In comparison to males, the females have higher life expectancy. The difference varies between 0.1 to 11.9 years in 168 countries. The highest difference is found for Russia (11.9 years), followed by Belarus, Lithuania, Ukraine and Estonia ( 10.3 years) all are European countries. In five countries viz. Qatar, Botswana, Zimbabwe, Swaziland and Lesotho the males have higher life expectancy than female and the difference is 0.7 to 1.9 years. These countries belong to African continent. As apparent from error bar diagramme the difference in life expectancy of females are significantly higher than males (Figure 1)

In some parts of the world, due to increasing life expectancy, the populations of aged individuals are increasing rapidly. The Japan is in top of the list of 183 countries with $22.7 \%$ population of $65+$ years of age. Germany and Italy are in the second position with $20.4 \%$. In a total of 51 countries the proportion
of aged is between $10-22.7 \%$. In such countries the index of aging (aged/young) is also higher. In the bottom there are United Arab Emirates, Qatar and Sierra Leone respectively with $0.4 \%, 1.0 \%$ and $1.9 \%$ of aged population (Table 2).
In 2009, the United Nations estimated that there were 455,000 centenarians worldwide (United Nations 2010). The United States currently has the greatest number of centenarians of any nation, estimated at 70,490 on September 1, 2010. This corresponds to a national incidence of one centenarian per 4,400 people. Japan has the second-largest number of centenarians, with an estimated 47,756 as of September 2011 (The Telegraph 2012). Japan is expected to have 272,000 centenarians by 2050 (United Nations 1998) However, some sources suggest that the number could be closer to 1 million.

The life expectancy is increasing day by day all over the globe. It is doubled or tripled, in a short span of time (1960 to 2009) the average rate of increment was $3.4( \pm 1.98)$ years per decade. Although, it was not uniform during the span, the increment was highest ( 6.7 years) during 1960-70, after that it was gradually declined to $3.6,2.5$ and 1.8 years per decade. For further clarification, the change in annual increment per decade of life expectancy at birth of India and Japan is calculated which indicate that the annual increment in life expectancy per decade was higher during 1960-80, after that there was sharp decline and now it is almost constant (Figure 2) although the trend is declining. On the basis of existing trend it can be projected that the life expectancy of the world population would be near to 100 years by 2100 , whereas at the same time it would be 110 years for Japanese.
To understand the trend of increase and its magnitude, a total of 10 countries form top and 10 countries from bottom of list were selected for regression analysis keeping 'life expectancy' as dependent and 'year (1960-2009)' as independent. Similarly, countries were grouped into Euro area, high income, middle income, low income, subSaharan Africa and World as a whole. The results of regression analysis are presented in Table 3. It is apparent that regression coefficient is highly significant and positive for 19 countries, world as a whole and group of countries. Although, its magnitude is lower for bottom countries, which already have lower life expectancy ( 46.7 to 48.9 years). The magnitude of increment of life expectancy during 1960 to 2009 was slow among these countries as compared to top 10 countries of higher life expectancies ( 81.1 to 82.9 years). For further elucidation the regression coefficient is plotted into bar diagramme (Figure 3) as well as life expectancy of group of countries viz. Euro area, high
income, middle income, low income, sub-Saharan Africa and World as a whole are plotted as line graph (Figure 4).

To find out the correlates and determinants of life expectancy a correlation analysis is computed between life expectancy and 15 variables of 183 countries as displayed in Table 4. These variables can be categorized into four major categories viz. population structure and composition, fertility, mortality, migration and development. Out of 15 variables 13 have high degree of significant correlation with life expectancy. Only two variables namely Net migration rate and sex ratio of total population have insignificant correlation with life expectancy.
To find out the most appropriate determinants stepwise multivariate regression analysis computed. As apparent from Table 5 that there are four models; according to the first model, human development index accounts $83 \%$ variability in life expectancy. The Human Development Index (HDI) is a summary measure of human development in three basic dimensions: a long and healthy life, access to knowledge and a decent standard of living (Klugman, Rodriguez and Choi 2011). According to second model there are two predictors of life expectancy one is human development index and second is crude death rate, these both predictor account $89.8 \%$ variability, although crude death rate have inverse correlation with the human development index. According to third model beside above two the old age dependency ratio (OADR) is the third predictor and they together account $96 \%$ variability. According to fourth model the fourth predictor of life expectancy is crude birth rate and these predictors accounts $96.3 \%$ variability.

In the next step when these four predictors were removed from the analysis the remaining probable predictor gives six models according to which there are six predictors viz. Infant mortality rate, young age dependency ratio, sex ratio of aged (65+), total dependency ratio, aging index and sex ratio at birth. According to the first model, infant mortality rate (IMR) alone accounts $72.7 \%$ variability. According to second model infant mortality rate and young age dependency ratio together accounts a total of $78.8 \%$ variability on life expectancy. In successive models one by one each of remaining predictor added and ultimately these predictors account a total of $84.8 \%$ variability on life expectancy (Table 4).

For further analysis these six predictors were removed and remaining variables gives four models according to which total fertility rate, gender inequality index, sex ratio of total population and sex ratio of population belonging to 15-64 years of age accounts 82.1 to $87.5 \%$ variability in life expectancy
(Table 4). Ultimately, the improvement in socioeconomic and health facilities will further increase the life expectancy all over the globe. The increasing life expectancy will change the demographic structure. Fertility will decline to compensate the increasing life expectancy whereas mortality will decline as result of improving conditions of health and infrastructure.

## DISCUSSION

To understand the aging of human being two components are required: first, an explanation why ageing occurs at all, and second, special feature of human ageing. In all species the germ line - that is, the lineage of reproductive cells that form the male and female gametes must be immortal (Weismann 1891; Kirkwood and Cremer 1982). Indeed, the central puzzle of gerontology is to explain why the soma-i.e. those parts of organism that are not germ line - is mortal, given that somatic and germ cells consist of the same basic materials (Williams 1957; Kirkwood 1987).

One explanation for evolution of ageing is that senescence provides a mechanism to guard against overcrowding (Wynne-Edwards 1962; Beutler 1986). In this way ageing is a programmed process under active genetic control and that genes have evolved specifically to cause it (Kenyon 1996). In the present analysis, there is high degree of significant and inverse correlation between life expectancy and fertility rates corroborate the hypothesis that senescence provides a mechanism to guard against overcrowding. With increasing life expectancy, the proportion of aged $\left(65^{+}\right)$is also increasing at the same time the proportion of younger individuals is decreasing due to reduction in fertility rate. In this way, population structure is changing. The reason behind increasing life expectancy is reduction in mortality rates through improvements in health, nutrition, and medical care. A healthy diet and vaccinations have greatly improved an individual's life expectancy, while an outbreak of disease, malnutrition, and social unrest may lower an individual's life expectancy. Hence there is high degree of inverse correlation between life expectancy and mortality rates, young age dependency ratio (YADR) and total dependency ratio (TDR).

The social and economic conditions of each country will undoubtedly affect its citizens, their lifestyles and decisions. Citizens of wealthier countries have access to modern medicine and medical facilities, the leisure to exercise, and meticulous regulation of sanitation and drinking water. Their life expectancies, therefore, naturally should be higher than those of less developed countries. However, this is not always the case. As the United Kingdom ranked $23^{\text {rd }}$ and the United State of America ranked $43^{\text {rd }}$ overall in terms
of life expectancy among all countries. Japan, Germany, Italy, Greece, Spain, Sweden, Switzerland and France all ranked above the United States.

## Conclusion

There is no doubt that aging is a problem for an individual as well as for the society. An individual experience multiple sickness and general inability with growing age. Different medical aid is required for their better and healthy survival. As a result of improvements in health, nutrition, and medical care centenarians and super centenarians can be seen in many parts of the world. Life expectancy at birth had increased two to three folds and it will further increase with the improvement in medical and health sector. New researches in the field of human genome will further delay the death and increase life expectancy at birth. It is apparent from present analysis that life expectancy is increasing all over the globe, though the magnitude of increment is declining. It means that the population of aged will also increase day by day which need special attention and planning at different level so that our old age may be secured, insured and healthy.

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Table 1: Life expectancy at birth pre-historic and historic perspectives

| Era/Year | Life Expectancy at Birth <br> (years) |
| :--- | :---: |
| Upper Paleolithic | 33 |
| Neolithic | 20 |
| Bronze and Iron Age | 26 |
| Medieval Britain | 30 |
| $1200-1300$ A.D | 43 |
| $1400-1500$ A.D. | 48 |
| $1500-1550$ A.D. | 50 |
| 1900 | 50.5 |
| 1960 | 52.6 |
| 1970 | 59.3 |
| 1980 | 62.9 |
| 1990 | 65.4 |
| 2000 | 67.2 |
| 2009 | 69.4 |

Table 2: Country wise life expectancy, population proportion in major age groups, dependency ratio and index of aging.

| S.No. | Country | Continent | Life expectancy at birth (years) 2011 | Life expectanc $y$ (f) | Life expectancy (m) | difference in female and male | Pop $\%<14$ yrs | $\begin{aligned} & \text { pop \% } \\ & 15-64 \\ & \text { yrs } \end{aligned}$ | $\begin{aligned} & \text { pop \% } \\ & 65+\text { yrs } \end{aligned}$ | YADR | OADR | TDR | Index of Aging |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Japan | Asia | 83.4 | 86.4 | 79.6 | 6.8 | 13.4 | 64.0 | 22.7 | 20.9 | 35.5 | 56.4 | 1.698 |
| 2 | Germany | Europe | 80.4 | 82.5 | 77.3 | 5.2 | 13.5 | 66.1 | 20.4 | 20.4 | 30.8 | 51.2 | 1.512 |
| 3 | Italy | Europe | 81.9 | 84.1 | 78.9 | 5.2 | 14.1 | 65.6 | 20.4 | 21.4 | 31.0 | 52.5 | 1.447 |
| 4 | Latvia | Europe | 73.3 | 78.1 | 68.3 | 9.8 | 13.8 | 68.4 | 17.8 | 20.3 | 26.0 | 46.3 | 1.285 |
| 5 | Bulgaria | Europe | 73.4 | 77.1 | 69.9 | 7.2 | 13.7 | 68.8 | 17.5 | 19.9 | 25.5 | 45.4 | 1.278 |
| 6 | Greece | Europe | 79.9 | 82.8 | 77.7 | 5.1 | 14.6 | 66.9 | 18.6 | 21.8 | 27.7 | 49.5 | 1.274 |
| 7 | Austria | Europe | 80.9 | 82.9 | 77.4 | 5.5 | 14.7 | 67.7 | 17.6 | 21.8 | 26.0 | 47.8 | 1.195 |
| 8 | Portugal | Europe | 79.5 | 81.8 | 75.8 | 6.0 | 15.1 | 66.9 | 17.9 | 22.6 | 26.8 | 49.4 | 1.187 |
| 9 | Slovenia | Europe | 79.3 | 82.3 | 75.8 | 6.5 | 13.9 | 69.6 | 16.5 | 20.0 | 23.6 | 43.6 | 1.184 |
| 10 | Croatia | Europe | 76.6 | 79.6 | 72.9 | 6.7 | 15.0 | 67.8 | 17.2 | 22.1 | 25.4 | 47.5 | 1.149 |
| 11 | Spain | Europe | 81.4 | 84.6 | 78.5 | 6.1 | 15.0 | 68.1 | 17.0 | 22.0 | 24.9 | 46.9 | 1.134 |
| 12 | Hungary | Europe | 74.4 | 77.9 | 70.1 | 7.8 | 14.7 | 68.8 | 16.5 | 21.4 | 24.0 | 45.4 | 1.123 |
| 13 | Estonia | Europe | 74.8 | 80.1 | 69.8 | 10.3 | 15.3 | 67.5 | 17.2 | 22.7 | 25.5 | 48.2 | 1.122 |
| 14 | Hong Kong | Asia | 82.8 | 85.9 | 79.7 | 6.2 | 11.5 | 75.8 | 12.7 | 15.2 | 16.8 | 32.0 | 1.107 |
| 15 | Sweden | Europe | 81.4 | 83.4 | 79.4 | 4.0 | 16.5 | 65.2 | 18.2 | 25.4 | 28.0 | 53.3 | 1.103 |
| 16 | Switzerland | Europe | 82.3 | 84.4 | 79.8 | 4.6 | 15.2 | 68.1 | 16.7 | 22.4 | 24.5 | 46.9 | 1.096 |


| 17 | Ukraine | Europe | 68.5 | 74.9 | 63.8 | 11.1 | 14.2 | 70.3 | 15.5 | 20.2 | 22.0 | 42.2 | 1.088 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 18 | Lithuania | Europe | 72.2 | 78.6 | 67.5 | 11.1 | 14.9 | 69.1 | 16.1 | 21.5 | 23.2 | 44.8 | 1.080 |
| 19 | Czech Republic | Europe | 77.7 | 80.1 | 74.2 | 5.9 | 14.0 | 71.1 | 14.8 | 19.7 | 20.9 | 40.6 | 1.059 |
| 20 | Finland | Europe | 80.0 | 83.1 | 76.5 | 6.6 | 16.5 | 66.2 | 17.2 | 25.0 | 26.0 | 51.0 | 1.042 |
| 21 | Belgium | Europe | 80.0 | 82.4 | 77.2 | 5.2 | 16.9 | 65.7 | 17.4 | 25.7 | 26.5 | 52.2 | 1.034 |
| 22 | Romania | Europe | 74.0 | 77.1 | 69.7 | 7.4 | 15.2 | 69.9 | 14.9 | 21.7 | 21.3 | 43.1 | 0.982 |
| 23 | United Kingdom | Europe | 80.2 | 82.1 | 78.1 | 4.0 | 17.4 | 66.0 | 16.6 | 26.3 | 25.1 | 51.4 | 0.955 |
| 24 | Malta | Europe | 79.6 | 82.2 | 77.7 | 4.5 | 15.0 | 71.0 | 14.1 | 21.1 | 19.8 | 40.9 | 0.939 |
| 25 | Bosnia and <br> Herzegovina | Europe | 75.7 | 77.9 | 72.7 | 5.2 | 15.0 | 70.9 | 14.0 | 21.2 | 19.8 | 41.0 | 0.933 |
| 26 | Poland | Europe | 76.1 | 80.1 | 71.5 | 8.6 | 14.8 | 71.6 | 13.6 | 20.7 | 19.0 | 39.7 | 0.921 |
| 27 | France | Europe | 81.5 | 84.5 | 77.8 | 6.7 | 18.4 | 64.8 | 16.8 | 28.3 | 25.9 | 54.2 | 0.914 |
| 28 | Denmark | Europe | 78.8 | 80.8 | 76.5 | 4.3 | 18.0 | 65.5 | 16.5 | 27.5 | 25.1 | 52.6 | 0.914 |
| 29 | Belarus | Europe | 70.3 | 76.4 | 64.7 | 11.7 | 15.0 | 71.4 | 13.6 | 21.0 | 19.0 | 40.0 | 0.904 |
| 30 | Netherlands | Europe | 80.7 | 82.7 | 78.5 | 4.2 | 17.7 | 67.0 | 15.3 | 26.4 | 22.9 | 49.3 | 0.865 |
| 31 | Georgia | Asia | 73.7 | 76.8 | 69.7 | 7.0 | 16.6 | 69.1 | 14.3 | 24.0 | 20.7 | 44.7 | 0.865 |
| 32 | Canada | North | 81.0 | 83.0 | 78.4 | 4.6 | 16.4 | 69.5 | 14.1 | 23.6 | 20.3 | 44.0 | 0.860 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 33 | Russia | Europe | 68.8 | 74.7 | 62.8 | 11.9 | 15.0 | 72.2 | 12.8 | 20.8 | 17.7 | 38.6 | 0.851 |
| 34 | Serbia | Europe | 74.5 | 76.4 | 71.1 | 5.3 | 17.6 | 68.1 | 14.3 | 25.9 | 21.1 | 46.9 | 0.815 |
| 35 | Slovakia | Europe | 75.4 | 78.7 | 71.3 | 7.4 | 15.1 | 72.8 | 12.1 | 20.8 | 16.6 | 37.4 | 0.799 |
| 36 | Luxembourg | Europe | 80.0 | 82.7 | 77.6 | 5.1 | 17.7 | 68.4 | 13.9 | 25.8 | 20.4 | 46.2 | 0.788 |
| 37 | Norway | Europe | 81.1 | 83.1 | 78.6 | 4.5 | 18.7 | 66.6 | 14.7 | 28.1 | 22.0 | 50.2 | 0.784 |
| 38 | Cuba | North | 79.1 | 80.8 | 76.8 | 4.0 | 17.3 | 70.3 | 12.4 | 24.6 | 17.6 | 42.3 | 0.715 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 39 | Australia | Australia \& | 81.9 | 83.9 | 79.3 | 4.6 | 19.0 | 67.6 | 13.4 | 28.1 | 19.9 | 48.0 | 0.708 |
|  |  | Oceania |  |  |  |  |  |  |  |  |  |  |  |
| 40 | Moldova | Europe | 69.3 | 72.5 | 64.9 | 7.5 | 16.7 | 72.2 | 11.2 | 23.1 | 15.5 | 38.6 | 0.669 |
| 41 | Barbados | North | 76.8 | 79.7 | 73.3 | 6.5 | 17.4 | 71.2 | 11.4 | 24.4 | 16.0 | 40.5 | 0.657 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 42 | Cyprus | Asia | 79.6 | 81.4 | 77.1 | 4.3 | 17.8 | 70.7 | 11.6 | 25.1 | 16.4 | 41.5 | 0.651 |
| 43 | United States | North | 78.5 | 80.6 | 75.7 | 4.9 | 20.1 | 66.9 | 13.1 | 30.0 | 19.5 | 49.6 | 0.650 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 44 | Montenegro | Europe | 74.6 | 76.6 | 71.8 | 4.9 | 19.2 | 68.3 | 12.5 | 28.1 | 18.2 | 46.4 | 0.649 |
| 45 | New Zealand | Australia | 80.7 | 82.4 | 78.3 | 4.0 | 20.5 | 66.5 | 13.0 | 30.8 | 19.6 | 50.4 | 0.635 |
|  |  | \& |  |  |  |  |  |  |  |  |  |  |  |
|  |  | Oceania |  |  |  |  |  |  |  |  |  |  |  |
| 46 | Uruguay | South | 77.0 | 79.8 | 72.6 | 7.3 | 22.5 | 63.7 | 13.8 | 35.3 | 21.6 | 56.9 | 0.611 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 47 | Iceland | Europe | 81.8 | 83.3 | 79.7 | 3.6 | 20.8 | 67.2 | 12.0 | 31.0 | 17.9 | 48.9 | 0.577 |
| 48 | Armenia | Asia | 74.2 | 77.0 | 70.5 | 6.5 | 20.2 | 68.7 | 11.1 | 29.4 | 16.2 | 45.6 | 0.551 |
| 49 | Ireland | Europe | 80.6 | 81.9 | 77.2 | 4.7 | 21.2 | 67.1 | 11.7 | 31.6 | 17.4 | 49.0 | 0.551 |
| 50 | Singapore | Asia | 81.1 | 83.7 | 79.0 | 4.7 | 17.4 | 73.6 | 9.0 | 23.6 | 12.2 | 35.9 | 0.518 |
| 51 | Thailand | Asia | 74.1 | 77.3 | 70.4 | 6.8 | 20.5 | 70.6 | 8.9 | 29.1 | 12.6 | 41.7 | 0.433 |
| 52 | Albania | Europe | 76.9 | 80.0 | 73.7 | 6.3 | 22.7 | 67.7 | 9.7 | 33.5 | 14.3 | 47.8 | 0.426 |
| 53 | Argentina | South | 75.9 | 79.3 | 71.8 | 7.5 | 24.9 | 64.5 | 10.6 | 38.5 | 16.4 | 54.9 | 0.426 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 54 | China | Asia | 73.5 | 74.8 | 71.4 | 3.4 | 19.5 | 72.4 | 8.2 | 26.9 | 11.3 | 38.2 | 0.421 |
| 55 | Chile | South | 79.1 | 81.9 | 75.8 | 6.1 | 22.1 | 68.6 | 9.3 | 32.2 | 13.5 | 45.7 | 0.418 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 56 | Israel | Asia | 81.6 | 83.5 | 79.7 | 3.8 | 27.2 | 62.3 | 10.4 | 43.7 | 16.7 | 60.4 | 0.382 |
| 57 | Trinidad and | North | 70.1 | 73.1 | 66.1 | 7.0 | 20.6 | 72.4 | 7.0 | 28.4 | 9.6 | 38.0 | 0.338 |
|  | Tobago | America |  |  |  |  |  |  |  |  |  |  |  |
| 58 | Sri Lanka | Asia | 74.9 | 77.7 | 71.6 | 6.2 | 24.9 | 67.0 | 8.2 | 37.1 | 12.2 | 49.3 | 0.328 |
| 59 | Mauritius | Africa | 73.4 | 76.6 | 69.4 | 7.2 | 21.9 | 71.2 | 6.9 | 30.7 | 9.7 | 40.4 | 0.315 |
| 60 | Azerbaijan | Asia | 70.7 | 73.4 | 67.4 | 5.9 | 20.9 | 72.6 | 6.6 | 28.8 | 9.0 | 37.8 | 0.314 |
| 61 | Bahamas, The | North | 75.6 | 78.2 | 71.9 | 6.2 | 22.5 | 70.6 | 6.8 | 31.9 | 9.7 | 41.6 | 0.303 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 62 | Tunisia | Africa | 74.5 | 76.5 | 72.5 | 4.0 | 23.5 | 69.6 | 7.0 | 33.7 | 10.0 | 43.7 | 0.296 |
| 63 | Lebanon | Asia | 72.6 | 74.4 | 70.1 | 4.3 | 24.8 | 67.9 | 7.3 | 36.5 | 10.7 | 47.2 | 0.294 |
| 64 | Kazakhstan | Asia | 67.0 | 73.5 | 63.6 | 9.9 | 24.5 | 68.7 | 6.8 | 35.6 | 9.9 | 45.5 | 0.277 |
| 65 | Brazil | South | 73.5 | 76.4 | 69.3 | 7.1 | 25.5 | 67.5 | 7.0 | 37.7 | 10.4 | 48.0 | 0.275 |


| 66 | Jamaica | America | 73.1 | 75.3 | 70.0 | 5.3 | 29.1 | 63.1 | 7.8 | 46.0 | 12.4 | 58.5 | 0.270 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | North |  |  |  |  |  |  |  |  |  |  |  |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 67 | Costa Rica | North | 79.3 | 81.6 | 76.7 | 4.9 | 24.9 | 68.6 | 6.5 | 36.3 | 9.5 | 45.8 | 0.262 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 68 | Grenada | North | 76.0 |  |  |  | 27.5 | 65.3 | 7.2 | 42.2 | 11.0 | 53.3 | 0.261 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 69 | Saint Lucia | North | 74.6 | 76.9 | 71.7 | 5.3 | 25.9 | 67.4 | 6.7 | 38.4 | 10.0 | 48.4 | 0.261 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 70 | Saint Vincent and | North | 72.3 | 74.1 | 69.9 | 4.2 | 26.5 | 66.7 | 6.8 | 39.7 | 10.2 | 49.9 | 0.256 |
|  | the Grenadines | America |  |  |  |  |  |  |  |  |  |  |  |
| 71 | Vietnam | Asia | 75.2 | 76.6 | 72.7 | 3.9 | 23.6 | 70.4 | 6.0 | 33.5 | 8.5 | 42.1 | 0.254 |
| 72 | Iran | Asia | 73.0 | 74.4 | 70.7 | 3.7 | 22.9 | 71.8 | 5.2 | 31.9 | 7.3 | 39.2 | 0.228 |
| 73 | Panama | North | 76.1 | 78.5 | 73.3 | 5.2 | 29.0 | 64.5 | 6.6 | 44.9 | 10.2 | 55.1 | 0.228 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 74 | Turkey | Asia | 74.0 | 75.8 | 71.2 | 4.6 | 26.4 | 67.7 | 6.0 | 39.0 | 8.8 | 47.8 | 0.227 |
| 75 | Suriname | South | 70.6 | 73.4 | 66.8 | 6.6 | 28.6 | 65.0 | 6.5 | 44.0 | 9.9 | 53.9 | 0.226 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 76 | Mexico | North | 77.0 | 79.0 | 74.1 | 4.9 | 29.1 | 64.6 | 6.3 | 45.1 | 9.8 | 54.9 | 0.218 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 77 | El Salvador | North | 72.2 | 76.4 | 66.9 | 9.5 | 32.0 | 61.0 | 7.0 | 52.4 | 11.4 | 63.8 | 0.218 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 78 | Ecuador | South | 75.6 | 78.3 | 72.4 | 5.9 | 30.3 | 63.4 | 6.2 | 47.8 | 9.8 | 57.7 | 0.206 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 79 | Indonesia | Asia | 69.4 | 70.1 | 66.9 | 3.2 | 27.0 | 67.4 | 5.6 | 40.1 | 8.2 | 48.3 | 0.205 |
| 80 | Peru | South | 74.0 | 76.2 | 71.0 | 5.3 | 30.0 | 63.9 | 6.1 | 46.9 | 9.5 | 56.4 | 0.203 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 81 | Dominican | North | 73.4 | 75.8 | 70.2 | 5.6 | 31.0 | 62.7 | 6.3 | 49.5 | 10.0 | 59.5 | 0.202 |
|  | Republic | America |  |  |  |  |  |  |  |  |  |  |  |
| 82 | Maldives | Asia | 76.8 | 77.3 | 75.2 | 2.1 | 26.6 | 68.2 | 5.2 | 39.0 | 7.7 | 46.7 | 0.197 |
| 83 | Morocco | Africa | 72.2 | 73.9 | 69.4 | 4.5 | 28.0 | 66.5 | 5.5 | 42.1 | 8.3 | 50.4 | 0.196 |
| 84 | Colombia | South | 73.7 | 77.0 | 69.6 | 7.4 | 28.7 | 65.6 | 5.6 | 43.8 | 8.6 | 52.3 | 0.195 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 85 | Venezuela | South | 74.4 | 77.0 | 71.0 | 5.9 | 29.5 | 64.9 | 5.6 | 45.4 | 8.6 | 54.0 | 0.190 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 86 | Cape Verde | Africa | 74.2 | 77.5 | 69.8 | 7.7 | 31.8 | 62.3 | 5.9 | 51.0 | 9.5 | 60.5 | 0.186 |
| 87 | Algeria | Africa | 73.1 | 74.1 | 71.2 | 2.9 | 27.0 | 68.4 | 4.6 | 39.6 | 6.7 | 46.3 | 0.170 |
| 88 | Fiji Islands | Australia | 69.2 | 72.0 | 66.3 | 5.7 | 29.0 | 66.1 | 4.8 | 43.9 | 7.3 | 51.2 | 0.166 |
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|  |  | Oceania |  |  |  |  |  |  |  |  |  |  |  |
| 89 | Bhutan | Asia | 67.2 | 68.5 | 64.7 | 3.8 | 29.4 | 65.8 | 4.8 | 44.7 | 7.3 | 52.0 | 0.162 |
| 90 | India | Asia | 65.4 | 66.3 | 63.3 | 3.0 | 30.6 | 64.5 | 4.9 | 47.4 | 7.6 | 55.1 | 0.161 |
| 91 | Egypt | Africa | 73.2 | 74.7 | 70.9 | 3.8 | 31.5 | 63.4 | 5.0 | 49.7 | 7.9 | 57.6 | 0.160 |
| 92 | Malaysia | Asia | 74.2 | 76.1 | 71.6 | 4.4 | 30.3 | 64.9 | 4.8 | 46.7 | 7.3 | 54.1 | 0.157 |
| 93 | Tonga | Australia | 72.3 | 74.9 | 69.2 | 5.7 | 37.5 | 56.7 | 5.9 | 66.1 | 10.4 | 76.5 | 0.157 |
|  |  | \& |  |  |  |  |  |  |  |  |  |  |  |
|  |  | Oceania |  |  |  |  |  |  |  |  |  |  |  |
| 94 | South Africa | Africa | 52.8 | 52.4 | 50.8 | 1.6 | 30.1 | 65.2 | 4.6 | 46.2 | 7.1 | 53.3 | 0.154 |
| 95 | Paraguay | South | 72.5 | 74.2 | 70.0 | 4.2 | 33.5 | 61.4 | 5.1 | 54.7 | 8.3 | 63.0 | 0.152 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 96 | Uzbekistan | Asia | 68.3 | 71.0 | 64.7 | 6.3 | 29.4 | 66.3 | 4.4 | 44.3 | 6.6 | 50.9 | 0.148 |
| 97 | Mongolia | Asia | 68.5 | 72.0 | 63.9 | 8.0 | 27.6 | 68.3 | 4.1 | 40.4 | 6.0 | 46.4 | 0.148 |
| 98 | Kyrgyzstan | Asia | 67.7 | 73.2 | 65.2 | 8.0 | 30.0 | 65.5 | 4.4 | 45.9 | 6.8 | 52.6 | 0.147 |
| 99 | Bangladesh | Asia | 68.9 | 68.9 | 67.8 | 1.1 | 31.3 | 64.1 | 4.6 | 48.8 | 7.2 | 56.0 | 0.147 |
| 100 | Libya | Africa | 74.8 | 77.2 | 72.0 | 5.2 | 30.4 | 65.3 | 4.3 | 46.6 | 6.6 | 53.2 | 0.142 |
| 101 | Turkmenistan | Asia | 65.0 | 69.0 | 60.7 | 8.3 | 29.2 | 66.6 | 4.1 | 43.9 | 6.2 | 50.0 | 0.141 |
| 102 | Brunei | Asia | 78.0 | 80.2 | 75.5 | 4.7 | 26.2 | 70.2 | 3.6 | 37.3 | 5.1 | 42.4 | 0.136 |
| 103 | Nicaragua | North | 74.0 | 76.6 | 70.4 | 6.2 | 34.5 | 60.9 | 4.6 | 56.6 | 7.6 | 64.1 | 0.134 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 104 | Samoa | Australia | 72.4 | 75.3 | 69.0 | 6.2 | 37.8 | 57.1 | 5.0 | 66.2 | 8.8 | 75.0 | 0.133 |
|  |  | \& |  |  |  |  |  |  |  |  |  |  |  |
|  |  | Oceania |  |  |  |  |  |  |  |  |  |  |  |
| 105 | Bolivia | South | 66.6 | 68.2 | 63.8 | 4.4 | 36.1 | 59.2 | 4.7 | 60.9 | 7.9 | 68.8 | 0.130 |


|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 106 | Guyana | South | 69.9 | 72.5 | 66.1 | 6.4 | 33.6 | 62.1 | 4.3 | 54.1 | 6.9 | 61.0 | 0.128 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 107 | Botswana | Africa | 53.2 | 52.2 | 53.8 | -1.6 | 32.6 | 63.4 | 4.0 | 51.3 | 6.3 | 57.6 | 0.123 |
| 108 | Haiti | North | 62.1 | 62.6 | 60.3 | 2.2 | 35.9 | 59.7 | 4.4 | 60.2 | 7.4 | 67.6 | 0.122 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 109 | Gabon | Africa | 62.7 | 62.9 | 60.8 | 2.1 | 35.5 | 60.2 | 4.3 | 58.9 | 7.2 | 66.1 | 0.122 |
| 110 | Pakistan | Asia | 65.4 | 65.8 | 64.1 | 1.7 | 35.4 | 60.3 | 4.3 | 58.6 | 7.1 | 65.8 | 0.122 |
| 111 | Cambodia | Asia | 63.1 | 63.4 | 60.8 | 2.6 | 31.9 | 64.3 | 3.8 | 49.6 | 5.9 | 55.5 | 0.119 |
| 112 | Honduras | North | 73.1 | 74.9 | 70.2 | 4.7 | 36.8 | 58.9 | 4.3 | 62.4 | 7.3 | 69.7 | 0.117 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 113 | Nepal | Asia | 68.8 | 68.8 | 67.3 | 1.5 | 36.2 | 59.6 | 4.2 | 60.7 | 7.0 | 67.7 | 0.115 |
| 114 | Lesotho | Africa | 48.2 | 45.9 | 47.4 | -1.4 | 37.4 | 58.3 | 4.3 | 64.1 | 7.4 | 71.5 | 0.115 |
| 115 | Belize | North | 76.1 | 77.1 | 74.2 | 2.9 | 35.0 | 61.0 | 4.0 | 57.4 | 6.5 | 63.9 | 0.113 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 116 | Zimbabwe | Africa | 51.4 | 47.5 | 49.4 | -1.9 | 38.9 | 56.9 | 4.2 | 68.3 | 7.4 | 75.7 | 0.108 |
| 117 | Syria | Asia | 75.9 | 77.1 | 74.1 | 3.0 | 36.9 | 59.2 | 3.9 | 62.4 | 6.7 | 69.1 | 0.107 |
| 118 | Jordan | Asia | 73.4 | 74.6 | 71.8 | 2.8 | 37.5 | 58.6 | 3.9 | 64.0 | 6.7 | 70.7 | 0.104 |
| 119 | Guatemala | North | 71.2 | 74.2 | 67.1 | 7.1 | 41.5 | 54.2 | 4.3 | 76.6 | 8.0 | 84.5 | 0.104 |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 120 | Bahrain | Asia | 75.1 | 75.6 | 74.2 | 1.3 | 20.0 | 77.9 | 2.1 | 25.7 | 2.6 | 28.4 | 0.103 |
| 121 | Philippines | Asia | 68.7 | 71.7 | 64.9 | 6.7 | 35.4 | 60.9 | 3.6 | 58.2 | 6.0 | 64.1 | 0.103 |
| 122 | Namibia | Africa | 62.5 | 62.2 | 61.0 | 1.2 | 36.4 | 59.9 | 3.7 | 60.8 | 6.1 | 66.9 | 0.101 |
| 123 | Micronesia, | Australia | 69.0 | 69.4 | 67.8 | 1.6 | 36.5 | 59.8 | 3.7 | 61.1 | 6.1 | 67.3 | 0.100 |
|  | Federated States | \& |  |  |  |  |  |  |  |  |  |  |  |
|  | of | Oceania |  |  |  |  |  |  |  |  |  |  |  |
| 124 | Ghana | Africa | 64.2 | 64.3 | 62.5 | 1.9 | 38.6 | 57.6 | 3.8 | 67.0 | 6.6 | 73.6 | 0.099 |
| 125 | Central African Republic | Africa | 48.4 | 48.4 | 45.4 | 3.0 | 40.4 | 55.6 | 4.0 | 72.6 | 7.1 | 79.7 | 0.098 |
| 126 | Saudi Arabia | Asia | 73.9 | 74.8 | 72.6 | 2.2 | 30.3 | 66.7 | 3.0 | 45.5 | 4.4 | 49.9 | 0.097 |
| 127 | Sao Tome and Principe | Africa | 64.7 | 85.9 | 80.2 | 5.7 | 40.3 | 55.8 | 3.9 | 72.2 | 6.9 | 79.2 | 0.096 |
| 128 | Kuwait | Asia | 74.6 | 75.4 | 73.6 | 1.8 | 26.7 | 70.8 | 2.5 | 37.7 | 3.5 | 41.3 | 0.094 |
| 129 | Tajikistan | Asia | 67.5 | 70.3 | 63.8 | 6.5 | 37.0 | 59.5 | 3.5 | 62.1 | 5.8 | 68.0 | 0.094 |
| 130 | Oman | Asia | 73.0 | 75.3 | 70.8 | 4.4 | 27.2 | 70.3 | 2.5 | 38.6 | 3.6 | 42.3 | 0.094 |
| 131 | Cote d'Ivoire | Africa | 55.4 | 55.1 | 53.1 | 2.1 | 40.9 | 55.3 | 3.8 | 74.1 | 6.9 | 80.9 | 0.093 |
| 132 | Djibouti | Africa | 57.9 | 58.6 | 55.7 | 2.9 | 35.8 | 60.9 | 3.3 | 58.8 | 5.4 | 64.2 | 0.092 |
| 133 | Congo (the | Africa | 48.4 | 57.8 | 55.4 | 2.4 | 40.6 | 55.7 | 3.7 | 72.8 | 6.6 | 79.4 | 0.090 |
|  | Democratic |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Republic) |  |  |  |  |  |  |  |  |  |  |  |  |
| 134 | Vanuatu | Australia | 71.0 | 72.6 | 68.6 | 3.9 | 38.2 | 58.3 | 3.5 | 65.6 | 5.9 | 71.5 | 0.090 |
|  |  | \& |  |  |  |  |  |  |  |  |  |  |  |
|  |  | Oceania |  |  |  |  |  |  |  |  |  |  |  |
| 135 | Sudan | Africa | 61.5 | 62.6 | 59.1 | 3.5 | 40.1 | 56.3 | 3.6 | 71.1 | 6.3 | 77.5 | 0.089 |
| 136 | Swaziland | Africa | 48.7 | 47.5 | 48.2 | -0.7 | 38.4 | 58.2 | 3.4 | 65.9 | 5.8 | 71.7 | 0.087 |
| 137 | Cameroon | Africa | 51.6 | 51.6 | 49.6 | 1.9 | 40.6 | 55.9 | 3.5 | 72.6 | 6.3 | 78.9 | 0.086 |
| 138 | Togo | Africa | 57.1 | 57.7 | 54.8 | 3.0 | 39.6 | 56.9 | 3.4 | 69.6 | 6.0 | 75.6 | 0.086 |
| 139 | Guinea-Bissau | Africa | 48.1 | 48.8 | 45.9 | 3.0 | 41.3 | 55.4 | 3.3 | 74.6 | 6.0 | 80.6 | 0.081 |
| 140 | Ethiopia | Africa | 59.3 | 59.7 | 56.6 | 3.1 | 41.5 | 55.2 | 3.3 | 75.1 | 6.0 | 81.2 | 0.080 |
| 141 | Solomon Islands | Australia | 67.9 | 68.5 | 65.7 | 2.7 | 39.7 | 57.1 | 3.2 | 69.6 | 5.5 | 75.1 | 0.079 |
|  |  | \& |  |  |  |  |  |  |  |  |  |  |  |
|  |  | Oceania |  |  |  |  |  |  |  |  |  |  |  |
| 142 | Nigeria | Africa | 51.9 | 51.8 | 50.2 | 1.6 | 42.8 | 53.8 | 3.4 | 79.6 | 6.3 | 85.9 | 0.079 |
| 143 | Guinea | Africa | 54.1 | 54.8 | 51.6 | 3.1 | 42.9 | 53.8 | 3.3 | 79.8 | 6.2 | 86.0 | 0.078 |
| 144 | Qatar | Asia | 78.4 | 77.6 | 78.3 | -0.7 | 13.5 | 85.5 | 1.0 | 15.8 | 1.2 | 17.0 | 0.077 |
| 145 | Iraq | Asia | 69.0 | 71.9 | 64.5 | 7.4 | 43.2 | 53.6 | 3.3 | 80.6 | 6.1 | 86.7 | 0.076 |
| 146 | Burundi | Africa | 50.4 | 50.8 | 48.1 | 2.7 | 37.9 | 59.3 | 2.9 | 63.9 | 4.8 | 68.7 | 0.075 |
| 147 | Mozambique | Africa | 50.2 | 50.4 | 48.2 | 2.1 | 44.1 | 52.6 | 3.3 | 83.8 | 6.3 | 90.1 | 0.075 |
| 148 | Equatorial | Africa | 51.1 | 51.9 | 49.3 | 2.6 | 39.2 | 57.9 | 2.9 | 67.8 | 5.0 | 72.9 | 0.074 |
|  | Guinea |  |  |  |  |  |  |  |  |  |  |  |  |
| 149 | Madagascar | Africa | 66.7 | 67.8 | 64.7 | 3.1 | 43.1 | 53.8 | 3.1 | 80.2 | 5.8 | 86.0 | 0.073 |
| 150 | Papua New | Australia | 62.8 | 64.2 | 60.0 | 4.2 | 39.1 | 58.2 | 2.8 | 67.1 | 4.8 | 71.9 | 0.071 |
|  | Guinea | \& |  |  |  |  |  |  |  |  |  |  |  |


|  |  | Oceania |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 151 | Tanzania | Africa | 58.2 | 57.5 | 55.8 | 1.7 | 44.7 | 52.1 | 3.1 | 85.7 | 6.0 | 91.8 | 0.070 |
| 152 | Benin | Africa | 56.1 | 57.1 | 53.4 | 3.7 | 43.7 | 53.3 | 3.0 | 82.0 | 5.7 | 87.7 | 0.070 |
| 153 | Mauritania | Africa | 58.6 | 59.6 | 56.3 | 3.4 | 39.9 | 57.4 | 2.7 | 69.5 | 4.7 | 74.1 | 0.068 |
| 154 | Malawi | Africa | 54.2 | 52.7 | 52.7 | 0.0 | 45.8 | 51.1 | 3.1 | 89.7 | 6.0 | 95.7 | 0.067 |
| 155 | Zambia | Africa | 49.0 | 48.2 | 47.4 | 0.8 | 46.4 | 50.6 | 3.1 | 91.7 | 6.0 | 97.7 | 0.066 |
| 156 | Liberia | Africa | 56.8 | 56.5 | 54.5 | 2.0 | 43.5 | 53.7 | 2.8 | 81.0 | 5.2 | 86.2 | 0.064 |
| 157 | Comoros | Africa | 61.1 | 61.6 | 58.9 | 2.7 | 42.6 | 54.7 | 2.7 | 77.9 | 5.0 | 82.9 | 0.064 |
| 158 | Timor-Leste | Asia | 62.5 | 62.5 | 60.6 | 1.8 | 46.2 | 50.9 | 2.9 | 90.9 | 5.8 | 96.6 | 0.063 |
| 159 | Chad | Africa | 49.6 | 50.3 | 47.5 | 2.8 | 45.4 | 51.7 | 2.9 | 87.9 | 5.6 | 93.5 | 0.063 |
| 160 | Kenya | Africa | 57.1 | 56.9 | 54.8 | 2.1 | 42.5 | 54.9 | 2.7 | 77.3 | 4.8 | 82.2 | 0.062 |
| 161 | Rwanda | Africa | 55.4 | 56.0 | 53.4 | 2.5 | 42.6 | 54.7 | 2.7 | 78.0 | 4.9 | 82.8 | 0.062 |
| 162 | Eritrea | Africa | 61.6 | 62.9 | 58.3 | 4.6 | 41.6 | 55.9 | 2.5 | 74.4 | 4.4 | 78.8 | 0.060 |
| 163 | Yemen | Asia | 65.5 | 66.1 | 63.2 | 2.9 | 44.2 | 53.2 | 2.6 | 83.1 | 4.8 | 87.9 | 0.058 |
| 164 | Congo ( Republic | Africa | 57.4 | 49.4 | 46.3 | 3.1 | 46.3 | 51.1 | 2.7 | 90.6 | 5.2 | 95.9 | 0.058 |
|  | ) |  |  |  |  |  |  |  |  |  |  |  |  |
| 165 | Senegal | Africa | 59.3 | 59.7 | 57.6 | 2.0 | 43.7 | 53.9 | 2.4 | 81.0 | 4.5 | 85.5 | 0.055 |
| 166 | Angola | Africa | 51.1 | 51.7 | 48.9 | 2.9 | 46.6 | 50.9 | 2.5 | 91.4 | 4.9 | 96.3 | 0.053 |
| 167 | Uganda | Africa | 54.1 | 53.7 | 52.5 | 1.2 | 48.4 | 49.1 | 2.5 | 98.7 | 5.1 | 103. | 0.052 |
|  |  |  |  |  |  |  |  |  |  |  |  | 8 |  |
| 168 | Gambia, The | Africa | 58.5 | 59.0 | 56.7 | 2.3 | 44.0 | 53.8 | 2.2 | 81.7 | 4.0 | 85.7 | 0.049 |
| 169 | Burkina Faso | Africa | 55.4 | 55.5 | 53.5 | 2.0 | 45.3 | 52.4 | 2.2 | 86.4 | 4.2 | 90.7 | 0.049 |
| 170 | Afghanistan | Asia | 48.7 | 48.1 | 47.8 | 0.3 | 46.4 | 51.3 | 2.2 | 90.5 | 4.4 | 94.9 | 0.048 |
| 171 | Mali | Africa | 51.4 | 51.6 | 49.5 | 2.1 | 47.2 | 50.6 | 2.2 | 93.1 | 4.3 | 97.5 | 0.047 |
| 172 | Niger | Africa | 54.7 | 54.3 | 53.4 | 0.9 | 49.0 | 48.8 | 2.2 | 100.3 | 4.5 | 104. | 0.045 |
|  |  |  |  |  |  |  |  |  |  |  |  | 8 |  |
| 173 | Sierra Leone | Africa | 47.8 | 47.6 | 46.4 | 1.2 | 43.0 | 55.1 | 1.9 | 78.0 | 3.4 | 81.4 | 0.044 |
| 174 | United Arab | Asia | 76.5 | 77.3 | 75.5 | 1.8 | 17.0 | 82.5 | 0.4 | 20.6 | 0.5 | 21.2 | 0.025 |
|  | Emirates |  |  |  |  |  |  |  |  |  |  |  |  |
| 175 | Andorra | Europe | 80.9 |  |  |  |  |  |  |  |  |  |  |
| 176 | Liechtenstein | Europe | 79.6 |  |  |  |  |  |  |  |  |  |  |
| 177 | Dominica | North | 77.5 |  |  |  |  |  |  |  |  |  |  |
|  |  | America |  |  |  |  |  |  |  |  |  |  |  |
| 178 | Seychelles | Africa | 73.6 | 77.9 | 68.4 | 9.5 |  |  |  |  |  |  |  |
| 179 | Saint Kitts and | North | 73.1 |  |  |  |  |  |  |  |  |  |  |
|  | Nevis | America |  |  |  |  |  |  |  |  |  |  |  |
| 180 | Antigua and | North | 72.6 |  |  |  |  |  |  |  |  |  |  |
|  | Barbuda | America |  |  |  |  |  |  |  |  |  |  |  |
| 181 | Palau | Australia | 71.8 |  |  |  |  |  |  |  |  |  |  |
|  |  | \& |  |  |  |  |  |  |  |  |  |  |  |
|  |  | Oceania |  |  |  |  |  |  |  |  |  |  |  |
| 182 | Kiribati | Australia | 68.1 |  |  |  |  |  |  |  |  |  |  |
|  |  | \& |  |  |  |  |  |  |  |  |  |  |  |
|  |  | Oceania |  |  |  |  |  |  |  |  |  |  |  |
| 183 | Laos | Asia | 67.5 |  |  |  |  |  |  |  |  |  |  |
|  |  | Min | 47.8 | 45.9 | 45.4 | -1.9 | 11.5 | 48.8 | 0.4 | 15.2 | 0.5 | 17.0 | 0.0 |
|  |  | Max | 82.8 | 85.9 | 80.2 | 11.9 | 49.0 | 85.5 | 18.6 | 100.3 | 28.0 | 104. | 1.3 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | Average | 69.3 | 71.0 | 66.5 | 4.5 | 29.3 | 63.4 | 7.3 | 48.5 | 11.1 | 59.6 | 0.4 |
|  |  | SD | 9.6 | 10.8 | 9.5 | 2.6 | 10.5 | 6.9 | 5.0 | 22.5 | 7.0 | 18.1 | 0.4 |

Table 3: Regression Analysis of life expectancy and time (1960-2009) among top and bottom ten countries and selected regions of the world.

| Countries | $\mathrm{R}^{2}$ | $\mathrm{~B} \pm \mathrm{SE}$ | df | F -value | t -value | P-value |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Top ten countries with highest life expectancy |  |  |  |  |  |  |
| Japan | 0.967 | $0.3 \pm 0.008$ | 48 | 1364.7 | 36.9 | 0.001 |
| Hong Kong SAR, China | 0.993 | $0.3 \pm 0.004$ | 48 | 6227.5 | 78.9 | 0.001 |
| Switzerland | 0.995 | $0.2 \pm 0.002$ | 48 | 8521.5 | 92.3 | 0.001 |
| Australia | 0.983 | $0.2 \pm 0.005$ | 48 | 2748.1 | 52.4 | 0.001 |
| Spain | 0.986 | $0.2 \pm 0.004$ | 48 | 3280.2 | 57.2 | 0.001 |
| Iceland | 0.984 | $0.2 \pm 0.003$ | 48 | 2833.7 | 53.2 | 0.001 |
| Italy | 0.996 | $0.3 \pm 0.002$ | 48 | 12622.8 | 112.3 | 0.001 |
| Sweden | 0.989 | $0.2 \pm 0.003$ | 48 | 4358.6 | 66.0 | 0.001 |
| Singapore | 0.996 | $0.3 \pm 0.003$ | 48 | 11191.9 | 105.7 | 0.001 |
| France | 0.998 | $0.2 \pm 0.002$ | 48 | 20345.0 | 142.6 | 0.001 |
| Bottom ten countries with lowest life expectancy |  |  |  |  |  |  |
| Chad | 0.626 | $0.2 \pm 0.019$ | 48 | 78.5 | 8.8 | 0.001 |
| Zimbabwe | 0.219 | $-0.2 \pm 0.052$ | 48 | 13.1 | -3.7 | 0.001 |
| Afghanistan | 0.993 | $0.3 \pm 0.004$ | 48 | 6359.5 | 79.7 | 0.001 |
| Swaziland | 0.049 | $0.07 \pm 0.049$ | 48 | 2.4 | 1.5 | 0.001 |
| Zambia | 0.210 | $-0.1 \pm 0.029$ | 48 | 12.4 | -3.5 | 0.001 |
| Congo, Dem. Rep. | 0.732 | $0.1 \pm 0.009$ | 48 | 128.5 | 11.3 | 0.001 |
| Guinea-Bissau | 0.994 | $0.2 \pm 0.003$ | 48 | 8130.2 | 90.1 | 0.001 |
| Sierra Leone | 0.546 | $0.2 \pm 0.028$ | 48 | 56.4 | 7.5 | 0.001 |
| Central African Republic | 0.256 | $0.1 \pm 0.034$ | 48 | 16.1 | 4.0 | 0.001 |
| Lesotho | 0.0 | $0.004 \pm 0.048$ | 48 | 0.007 | 0.08 | 0.934 |
| World | 0.927 | $0.282 \pm 0.014$ | 33 | 407.3 | 20.1 | 0.001 |
| Euro area | 0.998 | $0.2 \pm 0.002$ | 33 | 14649.6 | 121.0 | 0.001 |
| High income | 0.997 | $0.2 \pm 0.002$ | 33 | 12137.1 | 110.1 | 0.001 |
| Middle income | 0.901 | $0.3 \pm 0.020$ | 33 | 292.6 | 17.1 | 0.001 |
| Low income | 0.964 | $0.3 \pm 0.010$ | 33 | 848.3 | 29.1 | 0.001 |
| Sub-Saharan Africa (all income levels) | 0.852 | $0.2 \pm 0.015$ | 33 | 184.6 | 13.5 | 0.001 |

Table 4: Pearson correlation between life expectancy and its probable determinants among 183 countries all over the world

|  | Life <br> expectancy <br> at birth years <br> 2011 | Aging <br> Index | YADR | OADR | TDR | Crude Death Rate | Infant <br> Mortality <br> Rate | Crude Birth Rate | Total fertility rate 2011 | Net Migration Rate per 1000 | Sex ratio at birth 2011 | $\begin{gathered} \text { Sex } \\ \text { ratio } \\ 15-64 \\ \hline \end{gathered}$ | Sex ratio 65 and above | $\begin{gathered} \text { Sex ratio } \\ \text { Total } \\ \text { Population } \\ \hline \end{gathered}$ | Human <br> Development <br> Index HDI <br> 2011 | Gender Inequality Index 2011 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) | (10) | (11) | (12) | (13) | (14) | (15) | (16) |
| (1) | 1 | 00.614** | -0.815** | 0.634** | -0.758** | -0.637** | $-0.871^{* *}$ | -0.853** | -0.821** | 0.136 | 0.471** | 0.175* | 0.083 | 0.09 | 0.902** | -0.799** |
| (2) |  | 1 | -0.748** | 0.972** | -0.532** | 0.162* | $-0.592^{* *}$ | -0.738** | -0.641** | 0.144 | 0.376** | -0.113 | -0.374** | -0.269** | 0.708** | -0.796** |
| (3) |  |  | 1 | -0.715** | 0.956** | 0.299** | 0.787** | 0.966** | 0.950** | $-0.202^{* *}$ | -0.503** | -0.170* | 0.098 | -0.044 | -0.878** | 0.843** |
| (4) |  |  |  | 1 | -0.479** | 0.149* | $-0.599^{* *}$ | -0.726** | -0.625** | 0.088 | 0.364** | -0.181* | -0.408** | $-0.328 * *$ | 0.719** | -0.798** |
| (5) |  |  |  |  | 1 | 0.438** | 0.737** | 0.909** | $0.931^{* *}$ | $-0.217^{* *}$ | $-0.480 * *$ | $0.289 * *$ | -0.047 | -0.193* | $-0.801^{* *}$ | $0.710^{* *}$ |
| (6) |  |  |  |  |  | 1 | 0.516** | $0.353 * *$ | 0.414** | -0.087 | $-0.230^{* *}$ | $0.356^{*} *$ | -0.484** | -0.398** | -0.425** | 0.224** |
| (7) |  |  |  |  |  |  | 1 | 0.828** | 0.797** | -0.093 | $-0.404 * *$ | -0.163* | 0.007 | -0.064 | -0.854** | 0.784** |
| (8) |  |  |  |  |  |  |  | 1 | 0.953** | -0.150* | $-0.481^{* *}$ | -0.121 | 0.121 | -0.003 | -0.897** | 0.834** |
| (9) |  |  |  |  |  |  |  |  | 1 | -0.091 | -0.494** | -0.104 | 0.083 | -0.003 | -0.834** | 0.762** |
| (10) |  |  |  |  |  |  |  |  |  | 1 | -0.014 | 0.408** | 0.321** | 0.379** | 0.204** | -0.233** |
| (11) |  |  |  |  |  |  |  |  |  |  | 1 | 0.043 | -0.01 | 0.015 | 0.420** | $-0.401^{* *}$ |
| (12) |  |  |  |  |  |  |  |  |  |  |  | 1 | 0.696** | 0.981** | 0.183* | -0.079 |
| (13) |  |  |  |  |  |  |  |  |  |  |  |  | 1 | 0.770** | -0.027 | 0.125 |
| (14) |  |  |  |  |  |  |  |  |  |  |  |  |  | 1 | 0.069 | 0.04 |
| (15) |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 1 | -0.882** |
| (16) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 1 |

[^0]* Correlation is significant at the 0.05 level (2-tailed).

Table 4: Stepwise multivariate regression analysis keeping life expectancy as dependent.

| Model | Predictor | $\mathbf{R}^{2}$ | $B \pm S E$ | df | F-value | t-value | Pvalue |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Human Development Index | 0.830 | $51.4 \pm 1.9$ | 141 | 683.4 | 26.1 | 0.001 |
| 2 | Human Development Index | 0.898 | $44.6 \pm 1.6$ | 141 | 610.6 | 26.4 | 0.001 |
|  | Crude Death Rate |  | $-0.8 \pm 0.08$ | 141 |  | -9.6 | 0.001 |
| 3 | Human Development Index | 0.960 | $15.2 \pm 2.2$ | 141 | 1100.8 | 6.6 | 0.001 |
|  | Crude Death Rate |  | $-1.6 \pm 0.08$ | 141 |  | -21.0 | 0.001 |
|  | Old age dependency ratio |  | $0.7 \pm 0.04$ | 141 |  | 14.6 | 0.001 |
| 4 | Human Development Index | 0.963 | $10.3 \pm 2.6$ | 141 | 882.2 | 3.8 | 0.001 |
|  | Crude Death Rate |  | $-1.6 \pm 0.07$ | 141 |  | -21.2 | 0.001 |
|  | Old age dependency ratio |  | $0.6 \pm 0.04$ | 141 |  | 13.8 | 0.001 |
|  | Crude Birth Rate |  | $-0.1 \pm 0.03$ | 141 |  | -3.1 | 0.002 |
| After removal of above variables |  |  |  |  |  |  |  |
| 1 | Infant mortality rate (IMR) | 0.727 | $-0.2 \pm 0.01$ | 141 | 372.5 | -19.3 | 0.001 |
| 2 | Infant mortality rate (IMR) | 0.788 | $-0.17 \pm 0.02$ | 141 | 258.2 | -8.3 | 0.001 |
|  | Young age dependency ratio |  | $-0.18 \pm 0.02$ | 141 |  | -6.3 | 0.001 |
| 3 | Infant mortality rate (IMR) | 0.803 | $-0.16 \pm 0.02$ | 141 | 187.9 | -8.2 | 0.001 |
|  | Young age dependency ratio |  | $-0.19 \pm 0.02$ | 141 |  | -6.9 | 0.001 |
|  | Sex ratio of 65+ |  | 0.06 $\pm 0.02$ | 141 |  | 3.2 | 0.001 |
| 4 | Infant mortality rate (IMR) | 0.821 | $-0.15 \pm 0.02$ | 141 | 157.7 | -7.8 | 0.001 |
|  | Young age dependency ratio |  | $-0.41 \pm 0.06$ | 141 |  | -6.2 | 0.001 |
|  | Sex ratio of 65+ |  | $0.11 \pm 0.02$ | 141 |  | 4.8 | 0.001 |
|  | Total dependency ratio |  | $0.27 \pm 0.07$ | 141 |  | 3.6 | 0.001 |
| 5 | Infant mortality rate (IMR) | 0.843 | $-0.13 \pm 0.01$ | 141 | 145.7 | -7.3 | 0.001 |
|  | Young age dependency ratio |  | $-1.2 \pm 0.21$ | 141 |  | -6.0 | 0.001 |
|  | Sex ratio of 65+ |  | $0.11 \pm 0.02$ | 141 |  | 5.2 | 0.001 |
|  | Total dependency ratio |  | $1.1 \pm 0.2$ | 141 |  | 5.4 | 0.001 |
|  | Aging Index |  | $-0.17 \pm 0.04$ | 141 |  | -4.3 | 0.001 |
| 6 | Infant mortality rate (IMR) | 0.848 | $-0.13 \pm 0.01$ | 141 | 125.5 | -7.3 | 0.001 |
|  | Young age dependency ratio |  | $-1.2 \pm 0.21$ | 141 |  | -6.0 | 0.001 |
|  | Sex ratio of 65+ |  | $0.11 \pm 0.02$ | 141 |  | 5.2 | 0.001 |
|  | Total dependency ratio |  | $1.1 \pm 0.20$ | 141 |  | 5.4 | 0.001 |
|  | Aging Index |  | -0.17 $\pm 0.04$ | 141 |  | -4.3 | 0.001 |
|  | Sex ratio at birth |  | $0.41 \pm 0.18$ | 141 |  | 2.1 | 0.031 |
| After removal of above variables |  |  |  |  |  |  |  |
| 1 | Total fertility rate (TFR) | 0.821 | -6.1 $\pm 0.35$ | 142 | 291.2 | -17.0 | 0.001 |
| 2 | Total fertility rate (TFR) | 0.863 | $-3.7 \pm 0.49$ | 142 | 204.6 | -7.6 | 0.001 |
|  | Gender inequality index |  | $-21.8 \pm 3.4$ | 142 |  | -6.2 | 0.001 |
| 3 | Total fertility rate (TFR) | 0.869 | $-3.6 \pm 0.48$ | 142 | 143.1 | -7.6 | 0.001 |
|  | Gender inequality index |  | $-22.5 \pm 3.4$ | 142 |  | -6.5 | 0.001 |
|  | Sex ratio (Total population) |  | $0.06 \pm 0.02$ | 142 |  | 2.4 | 0.017 |
| 4 | Total fertility rate (TFR) | 0.875 | $-3.7 \pm 0.47$ | 142 | 113.0 | -7.8 | 0.001 |
|  | Gender inequality index |  | $-27.2 \pm 3.8$ | 142 |  | -7.0 | 0.001 |
|  | Sex ratio (Total population) |  | $0.56 \pm 0.19$ | 142 |  | 2.8 | 0.005 |
|  | Sex ratio 15-64 yrs |  | -0.35 $\pm 0.14$ | 142 |  | -2.5 | 0.013 |
| 5 |  |  | $\pm$ |  |  |  |  |



Figure 1: Error bar diagram showing $95^{\text {th }}$ percentile of life expectancy at birth for population of the world. It is apparent that the life expectancy of females are significantly higher than males


Figure 2: Comparative Annual Increment of life expectancy per decade (1960-2010) in India and Japan


Figure 3: Regression coefficient showing magnitude of increment in life expectancy at birth among top 10 and bottom 10 nations and different regions of the world ( $\mathrm{R}^{2}$ is significant at $1 \%$ level for all except Lesotho).


Figure 4: Line graph showing the trend of life expectancy at Birth in the world population and different regions of world including India.


[^0]:    ** Correlation is significant at the 0.01 level (2-tailed).

